



TEAM HOYT NEW ENGLAND ANNUAL 5K ROAD RACE

5K (3.1 miles) Run / Walk

Saturday May 23, 2020

Race Director: Diane MacDonald

Time: 10:00 a.m.

Place: Holland Elementary School, 28 Sturbridge Rd, Holland, Ma 01521

Entry Fee: \$25.00 General, \$15 Students http://lightboxreg.com/holland-5k_2020?func=&mobile=0

Free t-shirt to the first 250 registrations!!!

Make Checks payable to "Team Hoyt New England"

Mail entries to: Team Hoyt New England PO Box 33 Rochdale, MA 01542

Race numbers and t-shirts must be picked up on race day between 8:00 a.m. and 9:30 a.m.

In which category will you be participating:

- Age Group
- Team Hoyt New England Category (athlete pushing an athlete in a running chair)
- Physically Challenged Division
- Military, Law Enforcement and Fire Department

Please check one: Male Female

FIRST NAME:

LAST NAME:

STREET:

CITY: ZIP:

PHONE:

DATE OF BIRTH: EMAIL:

T-SHIRT SIZE (SELECT ONE): WOMENS XS S M L XL 2XL

MENS XS S M L XL 2XL

DISCLAIMER: I know that running a road race is potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, and am in good health, and I am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I attest that I have read the rules of the race and agree to abide by them. I assume all risks associated with running in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, roller skates or roller blades, are not allowed in the race and I will abide by all race rules. Having read this waiver and knowing these facts and inconsideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Team Hoyt New England 5K Road Race, the Race Director, the town of Holland and all its agents including the Holland Police Department and ambulance services, and the Holland Elementary School, all sponsors of this event and its sanctioning body and all the persons and organizations associated with the Team Hoyt New England Race Committee and its agents from all claims, damages, rights of action, present or future, whether the source be known, anticipated or unanticipated resulting from, arising out of, incident to, any participation in this event. I also grant permission for the use of my name and / or picture in any broadcast, photographic or other account of this event.

Signature: _____

Date: _____

Parent's Signature if under 18 years: _____

Date: _____